

The Northern Lights

April, 2011

The North Country Peer Support Centers
Berlin, Colebrook, Conway, Littleton, Wolfeboro

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Conway, NH 03818
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What's in the news?

With the long cold & snowy winter hopefully behind us we look forward to spring and the warmer temperatures ahead of us.

Please remember there are many groups we have to offer here at the center. We also provide transportation, so if you would like a ride to the center just let us know.



Disability Rights Speaker

Outreach Advocate Julia Freeman-Woolpert from Disability rights will be here to meet with members on Friday, April 8th at 4:30pm.

Staff Training

The center will be closed until 1:30pm on Tuesday, April 5th due to staff training.

Easter

The center will be open on Easter Sunday from 12-5pm. Dinner will be served from 12-5pm. Please sign up or give us a call if you plan on attending so that we make sure that we plan enough food.



From Conway Peer Support Member

We have a working Friday on the second Friday of every month. The staff would greatly appreciate some input concerning what to prepare for each upcoming month. The prices of groceries have increased for all of us. As members we need to try harder to help out the staff with coordinating the Friday night dinners.

The center does get a variety of USDA items that can be used towards dinners.

The members are encouraged to ask staff anytime to see what is available to be used towards cooking for the potluck. We welcome fresh ideas for meals that use these items.

Sincere thanks go out to those who have consistently contributed to the pot lucks. This burden however could be shared more equally in order that the contributors do not get burnt out.

Thank you

Community Services

Carroll County Transit System
Dial A Ride
323-8150
Northern Human Services
447-1765